

## 2026 JET PROGRAMME APPLICATION

### Sports Exchange Advisor (SEA)

#### INSTRUCTIONS

The application should be typed if possible, or neatly handwritten in block letters.

Before beginning the application, please read the 2026 JET Programme Application Guidelines for Sports Exchange Advisors (SEAs). Applicants will be responsible for all information and adhering to all guidelines contained therein.

- I acknowledge that I have read the 2026 JET Programme Application Guidelines for SEAs.
- I understand that the JET Programme is an initiative of the Japanese government, that this application is subject to the laws and standard hiring processes of Japan, and that if selected for the JET Programme, I will be required to abide by all Japanese laws.
- I understand that personal data entered in this application will be used by the Japanese government only for the purpose of selection for the programme. If selected for the programme, contact information such as email addresses may be used before, during, and after the program for purposes related to the program.

#### 1. Position Type for Which You Are Applying

- SEA (Sports Exchange Advisor)

Sport: \_\_\_\_\_

#### 2. Interview Location

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\_\_\_\_\_

\* Using Chart 1 of the chart sheet, please enter the four-digit code and name of the location where you would like to be interviewed. If your location is not listed, enter its name in full. Regardless of where you are now living, you must have an interview at an Embassy or Consulate of Japan in the country whose nationality you possess.

#### 3. Name

\* Please write your name exactly as it appears on your passport.

\_\_\_\_\_

Last Name

\_\_\_\_\_

First Name

\_\_\_\_\_

Middle Name

4. Sex  Male  Female  Other

\* There may be procedures in Japan for which you will be required to select either 'male' or 'female' for gender.

#### 5. Date of Birth

\_\_\_\_\_

Year

\_\_\_\_\_

Month

\_\_\_\_\_

Day

\_\_\_\_\_

Age (as of 1 April 2025)

**6. Nationality**

**6a. Nationality**

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**6b. Dual Nationality**

Do you possess dual nationality with Japan?

Yes       No

\* Japanese nationality does not expire automatically at any age—formal renunciation is required

\*\* If yes, failure to submit renunciation paperwork by the deadline may result in disqualification. For details and the deadline, please refer to the Application Guidelines and contact the Embassy or Consulate of Japan.

**7. Home Province/Territory and Hometown (place of longest residence)**

Home Province	Hometown

\* Using Chart 3 of the chart sheet, please enter the abbreviation and name of your home state and hometown/province/county/district. If no abbreviation is listed, enter only its name in full.

**8. Current Address, Telephone Number, and Email Address**

Current Address:

\_\_\_\_\_

Telephone Number:

\_\_\_\_\_

Email Address:

\_\_\_\_\_

\* If possible, write an email address which you expect to use continuously before you come to Japan, during your stay in Japan, and after you return home. Please refrain from using a university (.edu, .ac, etc.) or other temporary email address.

**9. Criminal History**

Have you ever been arrested, charged, or convicted of any crime (including juvenile offences and those which you believe to have been expunged or otherwise removed from your record), other than a minor traffic offence (i.e., speeding or parking ticket)?

Yes       No

\* If yes, please explain in detail on a separate sheet, providing information regarding the nature and date of the crime. Please also submit a copy of your complete criminal record which documents the incident as of the time of submitting this application. Failure to report items in this question, even those which you believe to have been expunged or otherwise removed from your record that later show up on your criminal history, may result in disqualification.

**10. Current Occupation**

Occupation: \_\_\_\_\_

University or Employer: \_\_\_\_\_

**11. Educational Background**

**11a. Academic Degree**

\* If you are going to graduate this year, check the degree you are going to earn.

- Bachelor's Degree       Master's Degree       Doctorate Degree

**11b. Academic Specialisation / Major**

\* Using Chart 4 of the chart sheet, please enter an appropriate two-digit code and name for your specialization (major).

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If you specialised in two or more subjects (double-major) or had a sub-specialisation (minor), please write them (code and name) below.


 Major     Minor
   

 Major     Minor

**11c. Academic Record**

High School Graduation Date

Higher Education Level	Name of Institution and Location	Dates Attended	Duration of Attendance	Major Field of Study	Degree/Diploma, Date Earned or Expected
		From To			
		From To			
		From To			

\* Please provide an official transcript of all courses taken at your undergraduate college/university and postgraduate school.

**12. Employment History**

\* Begin with your most recent place of employment. Include part-time jobs.

Name of Employer and Location	Period	Job Title	Job Description	Hours per Week
	From To			
	From To			

	From To			
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**13. Teaching/Coaching Background**

**13a. Teaching Background (for ALTs and CIRs only)**

	Name of Organisation and Location	Period	Job Title	Job Description	Hours per Week
Classroom Teaching		From To			
Other Teaching or Tutoring		From To			

	Name of Organization and Location	Period	Course Description
Teacher Training		From To	

Do you possess the following?

Teacher Certification     Yes     No

TEFL/TESL/TESOL Qualification

Yes                       No                       In Progress

**13b. Coaching Background and Qualifications**

Institution/Club	Period	Sports	Grade/Level
	From To		
	From To		

**Career/Award(s) in the Sports Mentioned Above**

Dates	Career/Award(s) Achieved

**14. Future Career Goals and Connection to the JET Programme**

**15. Japan-Related Studies**

	Name of Institution and Course Title	Period of Study	Content
Study of Japanese Language			
Study of Japanese History, Culture, etc.			

**16. Japanese Language Proficiency: Evaluate your level and insert an 'X' where appropriate in the following blank spaces.**

	Advanced	Semi-Advanced	Intermediate	Elementary	Introductory	None
Reading						
Writing						
Speaking						
Listening						

**Introductory:** Familiar with basic greetings and conversations and has previous experience with *hiragana* and *katakana*.

**Elementary:** Mastered elementary level of grammar, about 100 kanji and 800 words, and demonstrates the ability to listen to and understand simple conversations and to read short, simple sentences.

**Intermediate:** Mastered basic grammar, about 300 kanji and 1,500 words, and demonstrates the ability to listen to and understand everyday conversations and to read simple sentences.

**Semi-Advanced:** Mastered grammar to a relatively high level, about 1,000 kanji and 6,000 words, and demonstrates listening and reading comprehension ability about matters of a general nature.

**Advanced:** Mastered grammar to a high level, about 2,000 kanji and 10,000 words, and has an integrated command of the language sufficient for life in Japanese society and for providing a useful base for study at a Japanese university.

Certification of Japanese Language Proficiency

Name of Certification and Level: \_\_\_\_\_

Date Earned: \_\_\_\_\_

\* Please attach certification documents (if any)

**17. Language Proficiency**

(a) First Language: Please write your first language.)

\_\_\_\_\_

(b) Other Language Proficiency: Evaluate your level and insert an 'X' where appropriate.

Other Language	Advanced	Semi-Advanced	Intermediate	Elementary

**18. International/Intercultural Experience (at home or abroad)**

Country	Purpose	Dates
		From To
		From To
		From To

**19. Other Activities**

(a) Honours, Awards, Scholarships, etc.

(b) Extra-Curricular/Volunteer Activities, Interests/Hobbies/Sports

**20. Are you applying for other international exchange programmes or scholarships?**

- Yes       No

If yes, please provide details below.

**21. Have you ever participated in the JET Programme?**

- Yes

Participation Period: \_\_\_\_\_

Contracting Organisation: \_\_\_\_\_

- No

I have applied to the JET Programme. Year(s) of application: \_\_\_\_\_

I have withdrawn my intention of participating on the JET Programme after assignment of contracting organisation.

At the following point in the application process and due to the following reason(s):

**22. Marital Status**     Single     Engaged     Married

**23. Provide the following information if you plan to bring or live with a spouse/partner or children in Japan.**

\* Please fill in this information accurately, as it is required for placement. In addition, please be aware that only spouses/partners and children with whom you have a verifiable legal relationship with can qualify as accompanying dependents.

Name	Relationship	Age	Sex	JET Status *

\* Please specify whether they are currently an 'Applicant', 'Participant', or 'N/A' if not applicable.

**24. Do you possess a full driving licence?**

\* Participants with a full driving licence may be required to operate a motor vehicle as part of their work duties.

\*\* Please check 'No' if you only possess a motorcycle licence and do not have a full driving licence.

- Yes       No

**25. Where did you hear about the JET Programme?**

<input type="checkbox"/> Professor/Advisor/Instructor	<input type="checkbox"/> Magazine Advertisement	<input type="checkbox"/> TV
<input type="checkbox"/> Placement Office	<input type="checkbox"/> Magazine Article	<input type="checkbox"/> Radio
<input type="checkbox"/> Former JET Participant	<input type="checkbox"/> Newspaper Advertisement	<input type="checkbox"/> Poster
<input type="checkbox"/> Current JET Participant	<input type="checkbox"/> Newspaper Article	<input type="checkbox"/> Career Fair
<input type="checkbox"/> Embassy/Consulate	<input type="checkbox"/> Internet Advertisement	<input type="checkbox"/> JET Alumni
<input type="checkbox"/> Campus Visit	<input type="checkbox"/> Internet Article	<input type="checkbox"/> Kenjinkai: _____
<input type="checkbox"/> Social Media: _____	<input type="checkbox"/> Other: _____	

**26. Emergency Contact Information**

i ) Full Name of Emergency Contact:

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ii ) Address:

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Telephone Number:

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Email Address:

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iii ) Occupation:

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iv ) Relationship to Applicant:

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**27. Please fill out the attached 'Self-Report of Medical Conditions'. If you currently have or have ever had any physical or mental conditions, please provide details and, if applicable, attach a Statement of Physician form filled out by your physician stating whether you are fit to participate on the JET Programme and to live and work overseas.**

- ① *I, the undersigned, certify that the above statements concerning myself and my background are true and accurate to the best of my knowledge, and that I have read and agree with the Application Guidelines. Furthermore, if I am selected as a Coordinator for International Relations, Assistant Language Teacher, or Sports Exchange Advisor, I agree to abide by Japanese laws and regulations and the regulations of my contracting organisation. I agree to carry out my duties to the best of my ability, as well as not to engage in any activities prohibited by the terms and conditions of my appointment. I understand that during my appointment I must not participate in any religious or political activities which would affect my duties or do anything to disturb the public peace.*
- ② *I, the undersigned, acknowledge that, in accordance with the provisions set forth in the Application Guidelines, I am obligated to promptly notify the appropriate Embassy or Consulate of Japan of any changes or updates to the personal information provided in this Application Form, the Self-Report of Medical Conditions, and all other application materials, including but not limited to changes in health status, marital status, or nationality.*

I hereby confirm my agreement to the terms outlined in items ① and ② above.  
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Date of Application (YYYY/MM/DD):

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Applicant's Signature: